BALI WOMEN'S RETREAT

Remembering Me

A week to slow down, breathe deeply and come home to you.

An intimate seven-night retreat for just 14 like-hearted women.

FEBRUARY 2027

BALI, INDONESIA

REGISTER YOUR INTEREST

More Life More You



A personal invitation from me

Join me in Bali for a nourishing week of connection, reflection and renewal. This is your time to step away from the busyness, be in beautiful surroundings and remember what truly matters. Together we'll explore what lights you up, what you want more of, and how to create the next chapter of your life with intention, joy and a deep sense of self.

I would love you to be there.

With love,
Joanna Benson

Our journey together

FIVE THEMES TO GUIDE OUR TIME IN BALI

1. PAUSE
Create space and breathe

2. RECONNECT
Come home to you

3. IGNITE
Rediscover what lights you up

4. EXPAND
Step into new possibilities

5. CREATE
Design your next chapter

The retreat experience

You can look forward to:

- Beautiful private villas, with thoughtfully appointed private bedrooms, offering the perfect balance of personal space and shared connection.
- Daily coaching, reflection and group sessions
- Gentle movement such as yoga or Pilates
- Nourishing meals and time to relax by the pool
- A massage and special experiences
- A small group of like-hearted women and a warm, supportive environment

This is a space to feel inspired, refreshed and reconnected with yourself and what you truly want.

Your Retreat Investment

Pay in Full

A$3,800

A saving of A$195 when paying in full at the time of booking.

Payment Plan

A$3,995

Flexible instalments available, with the payment schedule to be confirmed before booking.

International flights and travel insurance are not included. Each woman will book her own flights and arrange her own travel insurance.

> *"In her presence, women don't just learn, they remember themselves."*

IMOGEN BAILEY
FOUNDER, HONOURING HEART



Your Invitation to Reconnect

If this retreat feels like the right next step for you, I warmly invite you to register your interest.

REGISTER YOUR INTEREST

Joanna Benson

THE RETREAT JOURNEY

What to Expect

A beautiful balance of personal growth, relaxation and unforgettable experiences.

More Life More You



1 Remembering Me

PAUSE, REFLECT AND COME HOME TO YOU

Gentle practices to calm the mind, reconnect with your body and create space to hear your own inner wisdom. Time to slow down, breathe deeply and be present.



2 Rediscovering What Matters

RECONNECT TO YOUR VALUES AND DESIRES

Explore what truly lights you up, what you want more of, and what you're ready to let go of. Journaling, meaningful conversations and supportive group work to help you reconnect with your authentic self.



3 Igniting Your Inner Light

ENERGISE, NOURISH AND FEEL ALIVE

Through movement, nature and inspiration, we'll reignite your energy, confidence and joy. Gentle yoga or Pilates, beautiful food and time in nature to uplift and renew.



4 Expanding Your Possibilities

NEW PERSPECTIVES, NEW PATHS

Step outside your everyday, be inspired and explore what's possible. Together we'll look at simple, practical ways to create more of what you love in the next chapter of your life.

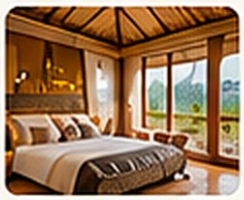


5 Creating Your Next Chapter

INTEGRATE, PLAN AND TAKE INSPIRED ACTION

Bring everything together with clarity and intention. You'll leave with fresh insights, practical tools and a renewed sense of purpose to create a life that feels aligned and full.

A glimpse of what's included



Seven nights in beautiful, thoughtfully chosen accommodation



Nourishing meals prepared for you



Gentle movement such as yoga or Pilates



A massage and special experiences (subject to availability)



Time to explore the beauty and culture of Bali

Ready to learn more?

Register your interest to be the first to receive updates as we confirm the venue, finalise the inclusions and open registrations.

REGISTER YOUR INTEREST

Joanna Benson